



Multi-Organization Collaboration: Youth-focused statewide health improvements



CASE STUDY: improving health & lifestyle choices of youth & their families

Healthy Michigan Today supports healthy lifestyles for Boys & Girls Club members and their families through the statewide implementation of Triple Play, BeFit Festivals and Health Screenings. Healthy Michigan Today receives funding through the Michigan Health Endowment Fund.

Executive Summary

The [Michigan Alliance of Boys & Girls Clubs](#) is leveraging COMET to implement the “Healthy Michigan Today” program. This program uses proven, evidence-based processes to improve the health of youth and their families.

- Impacts 70,000 children
- Deployed in 17 BGCA organizations
- Operating at 47 sites throughout Michigan

*"Quote from Brett at Michigan Health.....
....."*



Brett Tillander
Chief Executive Officer
Boys & Girls Clubs of Oakland & Macomb Counties

Challenges

Collaboration among service providers in a community or across a state presents a challenge with things like data collection, standardization, and confidentiality (just to name a few). However,

more and more today, disparate organizations with common missions are coming together and breaking down barriers to implement single programs across an entire state, with the goal to understand what kind of impact they are making. The Michigan Alliance received a two year, \$5 million grant to run a series of youth programs and provide family health screenings with the intent to improve the health and lifestyle choices of the youth and families they serve. They are committed to using a common data approach to meet their goals.

How COMET Helped

Recognizing the deep experience that COMET Team has supporting state and community-wide projects, we were selected to deploy the system with the Michigan Alliance. Seventeen Boys & Girls Clubs in Michigan are implementing an existing BGCA national program that covers the educational components of: Nutrition – Physical Activity – Healthy Lifestyle Choices. Each BGCA organization has flexibility, with approval, over the types of activities provided for the lessons, based upon their unique demographics, community values, and available resources. In addition, a critical and unique partnership with the Henry Ford Health Services was developed to provide club members and their families with access to free health screenings at each of the BGC organizations over the two years. These screenings, done by professional medical staff traveling in a mobile medical vehicle include vision, general physical, body mass index (BMI), vaccinations, and asthma.

All tests are being administered through COMET's web portal, completed online for each child that participates in the grant program. Post-tests are administered

throughout the program. All test administration, scoring, and compiling of results is done automatically through COMET. Data is reported back using the wide variety of outcome reports available through COMET (results for individuals, groups, pre-post comparisons, etc.). In addition, some of the BGCA organizations are also using COMET as their primary operational system to track all their organization's programs, activities, and membership records. The data is recorded in their own COMET client database with the grant-related activities being automatically migrated into the Healthy Michigan Today statewide database in the COMET platform.

Results and Future Plans

Leveraging COMET, each site performs health screening, host "BeFit" health fairs and delivers programs such as "TriplePlay". This information is then used to report back to Healthy Michigan. A single repository for all the data allowed the Michigan State Alliance to standardize on the data collected. In addition, COMET's advanced data security features are leveraged to make sure those involved only access the data they need, leveraging COMET's secure, HIPAA and FERPA compliant database. With the highest level of security and performance, Healthy Michigan stakeholders are confident in the security of their data. COMET is used to track and report program information by: member, program, organization, site, and facilitator so the Michigan State Alliance can understand the level of engagement, test and survey results. Data is entered from any device with internet access and results are viewed in real-time. Providers are scoped so they view only the data that's relevant to their services, but system administrators have access to a full view. In addition, the import/export tool makes it possible to efficiently leverage data collected from outside systems into COMET to create a single set of data for collaboration.

As a result of participating in Healthy Michigan Today, Boys & Girls Club members:

- 1) increase physical activity
- 2) make smart food choices
- 3) modify risk factors and risky behaviors
- 4) receive regular health care screenings
- 5) build trust and demonstrate lasting connections with local health care providers.

Questions? Call 585-673-3200

Contact Us

Personal Walk-Thru